








November 2017 - Menus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <h2>EEC Lunch</h2> <p><i>MENUS ARE SUBJECT TO CHANGE</i></p>				
		11-1 Taco Bean Dip Artisan Roll - S Tangy Salsa Cup Fruit - S Got Milk	11-2 3 Cheese Calzone - V Marinara Sauce Cup Frozen Juice Cup Got Milk	11-3 Golden Chicken Filet Sandwich Sweet Potato Sticks Fruit - S Got Milk
11-6 Vegan Chili - V Artisan Roll - S Veggie Medley Fruit - S Got Milk	11-7 Chicken Tenders Southern Buttermilk Biscuit - S Fiesta Pinto Beans Fruit - S Got Milk	11-8 Mama's Meatball Sub Fresh Garden Salad Fruit Cup Got Milk	11-9 Teriyaki Beef Dipper Rice Bowl Broccoli Buds Frozen Juice Slush Got Milk 	11-10 <h3>Veterans Day Holiday</h3>
11-13 Cheesy Mac - V Sidewinder Fries Fruit - S Got Milk	11-14 Mesquite BBQ Pork Sandwich Campfire Baked Beans Fruit - S Got Milk	11-15 Bean & Cheese Pupusa - V Fresh Garden Salad Fruit Cup Got Milk	11-16 Sliced Turkey & Gravy with Stuffing Southern Buttermilk Biscuit Fluffy Mashed Potatoes Frozen Juice Cup Got Milk	11-17 Manager's Choice Roasted Potato Wedges Fruit - S Got Milk
11-20 Vegan Chili - V Artisan Roll - S Sidewinder Fries Fruit - S Got Milk	11-21 Cheesy Flatbread - V Mini Potato Tots Fruit - S Got Milk	11-22 Manager's Choice Tangy Salsa Cup Fruit Cup Got Milk	11-23 <h3>Have a Happy Thanksgiving Day Holiday!</h3> 	11-24
11-27 Garlicky Cheese Bread - V Marinara Sauce Cup Fruit - S Got Milk	11-28 Tasty Turkey & Mashed Potatoes Southern Buttermilk Biscuit - S Fruit Cup Got Milk	11-29 Taco Bean Dip Artisan Roll - S Tangy Salsa Cup Fruit - S Got Milk	11-30 3 Cheese Calzone - V Sidewinder Fries Frozen Juice Cup Got Milk	

 All of the Grain/Bread items served are whole grain.
 Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free
S: Items with an (S) can be saved for later
V: Vegetarian items
 **Farm Fresh Fruits: Apple, Orange, Banana